

EXOTIC JUICES



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BANANA – PINEAPPLE JUICE

2 baby bananas
2 baby pineapples, cleaned and chopped into chunks

Place the ingredients in a blender and blend till smooth and pronto!

KIWI – STAR FRUIT JUICE

2 large kiwis, skinned
3 large star fruits
2 tablespoons of ice cubes

Mix the ingredients in a blender and pronto!

STRAWBERRY – REDCURRANT JUICE

300g strawberries, washed
300g redcurrants, washed
1 tablespoon sugar

Mix the ingredients in a blender Decorate with passion fruit seeds

MANGO – PAPAYA JUICE

1 large mango, stoned and peeled
1 large papaya, deseeded and peeled
1 tablespoon sugar

Mix the ingredients in a blender and pronto!